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# Sunflower Landscapes Of Sardinia: A Countryside Guide (Sunflower Guide Sardinia)



## Synopsis

Sardinia, the second largest island in the Mediterranean, is a walker's paradise. Its scenic diversity ranges from rough and primeval landscapes to gentle, golden sand dunes, from scorching rocky plateaux and windswept plains reminiscent of Africa to rolling hills with lush pastures and dense brushwood, from towering mountains cloaked in fine oak woods to a turquoise sea that touches the rocky coast. The fragrant Mediterranean macchia permeates the scenery, with colourful rock roses and an extravaganza of wild flowers flourishing in spring. Getting out into the countryside, you quickly leave all traces of tourism behind. There is a lovely pastoral feel to the Sardinian countryside. Flocks of sheep graze on verdant grassy slopes, moufflons and wild boar roam the wild and rugged highlands whilst eagles hover silently above. You can taste the real flavour of Sardinia as you follow the walks and car tours in this gem of a guidebook. You will be richly rewarded for your effort.

## Book Information

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Great book for hiking. If you do not hike, you can get a good understanding where the most beautiful landscapes in Sardinia are located. However, if you want to spend also some time in cities, buy a second guide, e.g. "Eyewitness" or similar.

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